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### Making the Policy Case for

#### Public Investment in Youth Arts

Often considered nice but not necessary, arts education—both in school and after school—seldom receives sufficient public funding. Yet, the arts are essential to a 21st century education, teaching children vital **skills** that nurture intellectual and creative development. Young people learn to think creatively, work on a team, and practice challenging tasks until completion. For hard-to-reach students (who cope with disabilities, violence, or poverty), the arts are frequently the reason they stay in school.<sup>2</sup> Research shows that arts education correlates with better grades and test scores and facilitates learning in other subjects.3

We need to make art a right for all young people, regardless of their socioeconomic status and life circumstances. In challenging economic times, funding for the arts is the first to be cut, yet nearly 95 percent of Massachusetts voters see the arts as a basic part of a child's education, as fundamental as English and mathematics.<sup>4</sup> The Massachusetts Cultural **Council** (the state's arts agency) receives one-tenth of one percent of state spending, even as arts organizations from the Institute of Contemporary Art to Artists for Humanity contribute more to the state's economy than all of Boston's professional sports teams combined.5

Learn more! The rationale and recommendations for increasing public resources for youth arts follows.

"Once music gets inside of you it makes everything a shade more beautiful. Jokes are funnier and flowers smell sweeter. I couldn't survive without it."

> -Meghan, 16-year-old French horn player

#### Youth arts matter

#### To employers.

Arts education can serve as an important workforce development strategy. Children limited to an education that focuses on rote and repetitive learning will be prepared only for rote and repetitive jobs, which are rapidly disappearing. Massachusetts is a leader in re-visioning education to prepare students for 21st century jobs. The arts develop the kind of thinker and manager that businesses are asking for in the competitive global marketplace. Finding the courage to sing for an audience builds the courage to speak publicly; playing one's role in a cast of actors leads to performing one's job in a company of workers. Arts education today develops the successful employees of tomorrow.

And arts programs are not just preparing young people for their future careers, but giving them jobs today. **Eighty percent** of at-risk youth arts programs funded by the Massachusetts Cultural Council pay their participants and nearly 40 percent of these programs provide opportunities for **entrepreneurial young people** to sell their wares.<sup>8</sup>



© Artists for Humanity

## Arts Learning = 21st Century Job Skills

To thrive in the workplace, students must master:

- core academic subjects;
- interdisciplinary themes;
- learning and innovation skills;
- information, media, and technology skills; and
- life and career skills. 9

The arts foster each of these lifelong benefits. In fact, arts education achieves key competencies in cognitive growth, including:

- perception of relationships;
- skills in finding multiple solutions to problems;
- attention to nuance;
- adaptability;
- decision-making skills; and
- visualization of goals and outcomes. <sup>10</sup>

-Dr. Elliot Eisner, Emeritus Lee Jacks Professor of Education and Art, Stanford University

"I was surprised to hear that business leaders seek to hire students who have an interest and background in music, as well as those with formal business skills, but in reality, musically inclined people often have a way of thinking that is appealing and practical to industry."

-George A. Russell, Jr., President, State Street Foundation

#### To young people.

Our children and youth are among our greatest resources, yet many young people have trouble staying on track. Arts programs in and out of school are often the only positive outlets in these young people's lives and an effective way to form lasting relationships with caring adults. 11 The strongest programs provide opportunities for youth to mentor their peers, run programs, and serve as authentic advisors in the administration of their schools or organizations. 12 These youth become examples of success, making their families and communities proud.



© Boston Children's Chorus

Research shows that all **students highly engaged in the arts do better in school** and **achieve higher scores on the SAT.** <sup>13</sup> Underserved kids participating in creative programs improve their behavior and academic performance and are less likely to drop out of school. <sup>14</sup> Students consistently involved in music and theater show **higher levels of success in math and reading.** <sup>15</sup>

#### To educators.

Research shows that schools with large populations of students living in poverty—often places of frustration and failure for students and teachers alike—can be transformed into vibrant and successful centers of learning and community life when the arts are infused into their culture and curricula. In a national sample of 25,000 students, those with high levels of arts learning experiences earned higher grades and scored better on standardized tests than those with little or no involvement in the arts, regardless of socioeconomic status. An 11-year national study examined youth in low-income neighborhoods and found that those who participated in arts programs were much more likely to be elected to class office, participate in a math and science fair, and/or win an award for writing an essay or poem.

"As teachers, we support arts education in our schools and our communities. Through arts education, students develop critical skills—such as creativity, planning, and collaboration—that are useful across disciplines. The arts engage students by giving them an expressive voice and the opportunity to grow."

-Anne Wass, President, Massachusetts Teachers Association



© Boston Youth Symphony Orchestras

#### To the community.

Like all states, Massachusetts faces unprecedented economic challenges. Nevertheless, workers trained in the arts drive the success of leading Massachusetts industries, including the software development, telecommunications, and new media industries.<sup>20</sup>

Many of the cultural organizations that provide arts programs **create jobs** and **revenue** in struggling communities. Annually, Massachusetts cultural nonprofits provide nearly **37,000 jobs**, collect and pay **\$6.6 million in state sales taxes**, and have a **total economic impact of more than \$4.2 billion.**<sup>21</sup> The arts support more than **245,000 jobs** throughout New England, or **3.5 percent** of the region's total job base—more than either the software or medical technology industries.<sup>22</sup>

Among the most disadvantaged neighborhoods, those with high levels of cultural participation are more likely to have **low rates of juvenile delinquency and truancy.**<sup>23</sup> Students highly engaged in the arts are more involved in their communities. **US Department of Justice** researchers found that, when compared with control groups of young people not involved in an arts program, participants in youth arts programs showed **better attitudes** toward themselves and their roles in the world; **fewer new court referrals**; an increased ability to express anger appropriately and to **communicate effectively with peers and adults**; and an increased ability to **see a complex task through its completion.**<sup>24</sup>

#### Research Shows

Scientific research suggests arts training affects brain development:

- In children, there appear to be specific links between the practice of music and skills in geometrical representation.
- 2. Music training correlates with both reading acquisition and sequence learning.
- 3. Training in acting appears to lead to memory improvement.
- 4. Learning to dance by effective observation may transfer to other cognitive skills.<sup>18</sup>

"Arts are not a luxury.

Providing arts for stressed-out students lets out their pent up energy in a healthy way, rather than through violence."

-Natasha, parent of Boston Public Schools student

## Spotlight!

## **Boston Arts Academy**

#### Mission

Boston Arts Academy, a pilot school within the Boston Public Schools, is charged with being a laboratory for artistic and academic innovation. BAA prepares a diverse community of aspiring artist-scholars to be successful in their college or professional careers and to be engaged members of a democratic society.

#### What We Do

Boston Arts Academy is the city's only public high school for the visual and performing arts. It was founded in 1998 on the belief that academics and the arts are equally important in student development and achievement. BAA admits students solely on the basis of artistic potential and a strong desire to study the arts; most students enter BAA having had little or no formal arts training. Teens major in theater, dance, music (vocal or instrumental), or visual art and undertake a full college preparatory curriculum. Though it is a public high school, BAA must raise private funds to pay for arts teachers, adjunct instructors, art supplies, and production costs not covered by Boston Public Schools allocations. BAA's attrition rate is low and its college acceptance rate is high: 94 percent of graduates go on to college and university. BAA alumni have attended a wide variety of schools, including Berklee College of Music, University of Massaschusetts Amherst, Massachusetts College of Art and Design, Amherst College, and Spelman College.

**Number of employees:** 70 full-time, 12 part-time, 18 adjunct

**Total payroll:** \$4,653,011 **Total spending on vendors:** \$1,128,704

**Number of kids served:** 430 full-time students plus an additional

700 through outreach programs

#### Of Note

- An average of 92 percent of BAA seniors have gone on to college since the school's first graduating class in 2001
- Each year BAA's Center for Arts in Education trains more than 100 educators from around the world in the school's best practices
- BAA will expand to include the city's first middle school for the arts; the combined schools will serve more than 700 students



© Boston Arts Academy

"At BAA we are taught that we must continuously strive to redefine our work, to reinvent ourselves, to connect our learning to a broader, more global picture, and to take responsibility for our actions. We are also taught that with a pen and paper in hand and space to move and create we are limitless."

-Gabriela Silva, age 17, 2009 commencement address

## Significant Work

## **Deserves Significant Support**

Despite all of the benefits youth arts provide, we have failed to secure sufficient public funding. Among 11 subjects offered in high school, **superintendents surveyed nationwide** rank arts activities as one of the most likely subjects to develop creativity, yet a majority of respondents only offer the arts as electives.<sup>25</sup> Since 2002, time devoted to art and music instruction has declined by **35 percent** in a significant number of public schools across the country.<sup>26</sup>

In Massachusetts, many school districts do not invest the resources and time necessary to provide an adequate K–12 education in the arts. Less than one third of all school districts in the state require a course in the arts for graduation. Forty-one districts, about 12 percent, have no arts instruction at all. Massachusetts is one of only four states without an arts education mandate, and one of only ten that does not have a high school arts graduation requirement, although the Massachusetts Recommended High School Core Program of Studies includes at least one full-year fine arts course or its equivalent.<sup>27</sup>

"The arts provide students with positive interactions with their community and expand their horizons. Increasing arts opportunities for young people increases their potential."

- Thomas Menino, Mayor, Boston



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In Boston, very few schools achieved what arts educators consider to be the benchmark of arts education—twice-weekly, yearlong instruction for all students. In a 2007 survey, only five percent of all elementary school students and six percent of all middle school students in the Boston Public Schools met this goal. Eleven percent of schools showed no arts education available for their students during the school day. Limitations to the school budget were overwhelmingly identified as the primary factor that prevented schools from offering more arts education.<sup>28</sup>



© Community Art Center

## What You Can Do Today

- 1. Sustain—or, better yet, increase—levels of funding to the Massachusetts Cultural Council.
- 2. Sustain—or, better yet, increase—levels of funding to the Youth Violence Prevention Program, through the MA Department of Public Health; Shannon Community Safety Initiative, through the MA Executive Office of Public Safety; Community Development Block Grants, through the US Department of Housing and Community Development; and the 21st Century Learning Partnership, through the US Department of Education. Advocate for the arts to continue to receive funding through these programs.
- 3. Support the establishment of the **Creative Challenge Index**, under consideration by the Massachusetts Joint Committee on Education, to measure creative and critical thinking opportunities offered in schools across the Commonwealth.
- 4. Encourage that **municipal linkage monies**, which require developers to provide public benefit or mitigation for construction projects, be designated for youth arts programs in your community.
- 5. Support increased arts programming in the After-School and Out-of-School Time Quality grant and in the Expanded Learning Time grant, both through the MA Department of Education.

"Though we both have a long history in arts education, we were startled to find such systematic emphasis on thinking and perception in the art classes we studied. In contrast to the reputation of the arts as mainly about expressive craft, we found that teachers talked about decisions, choices, and understanding far more than they talked about feelings."

- Ellen Winner and Lois Hetland, researchers at Harvard University Graduate School of Education's Project Zero

- 6. Visit arts programs in your district and community to **see these programs in action** and learn firsthand how critical they are for the children, youth, and families who participate.
- 7. Invite **young artists to share their talents** and tell their stories to fellow policy shapers.
- 8. **Stay informed** about current legislation and budget issues affecting the youth arts community. Ensure that your staff and constituents receive regular email alerts on youth arts advocacy opportunities by joining the following list-servs:
  - a. Massachusetts Advocates for the Arts, Sciences and Humanities:
    - www.maash.org/join/join.htm
  - b. **Massachusetts Afterschool Partnership:** www.capwiz.com/massafterschool/mlm/signup
  - c. **Massachusetts Cultural Council:** www.patronmail.com/pmailweb/PatronSetup?oid=945
  - d. **Americans for the Arts:**www.capwiz.com/artsusa/mlm/signup
  - e. **Arts|Learning:** www.artslearning.org/programs/advocacy/maecmembership
- 9. Make specific requests to district-level school boards:
  - Advocate for American Recovery and Reinvestment
     Act grant applications to the state to include arts
     education programs and nonprofit cultural organizations.
  - b. Meet the goal of at least **two hours of weekly high- quality sequential arts instruction** for each K-8 student.
  - c. Adopt the arts as a **core component of the** recommended curriculum.
  - d. Require that **every high school student receive at least one unit of arts education** in order to graduate.
  - e. Advocate for teachers to have **increased access to high-quality professional development** in the arts.
  - f. Support arts-centered school programs and encourage their expansion and duplication (e.g., Boston Arts Academy). Most of these schools have extraordinary success in graduating nearly all of their students and sending them to college.
- 10. Persuade public higher education institutions to **require proficiency in at least one art form for admission**.



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"The arts can help students become tenacious, team-oriented problem solvers who are confident and able to think creatively. These qualities can be especially important in improving learning among students from economically disadvantaged circumstances."

Arne Duncan,
 US Secretary of Education,
 in a letter to school
 and education
 community leaders

#### **ART** Works for Kids

ART *Works* for Kids garners **sustained private and public support** of arts organizations that transform the lives of kids in **Eastern Massachusetts**. We promote the arts in classrooms, after-school programs, and the larger community to encourage young people to stay on track. We fund a coalition of approximately 30 youth arts organizations supporting underserved kids in Eastern Massachusetts. We help them to garner sustained private and public funding through advocacy, outreach, convening, and grantmaking.

ART Works for Kids is the local initiative of **Hunt Alternatives Fund**, which advances innovative and inclusive approaches to social change at local, national, and global levels. Since its founding in Denver in 1981, the Fund has contributed more than \$80 million to social change through a blend of grant making and operating programs.

"Despite a shaky economy and dwindling public resources, we in the Boston Public Schools are absolutely committed to expanding the exposure to the arts that our students receive."

> -Dr. Carol Johnson, Superintendent, Boston Public Schools

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### Current ART Works for Kids Grantees

Actors' Shakespeare Project

Artists for Humanity

BalletRox

Books of Hope

**Boston Arts Academy** 

Boston Children's Chorus

**Boston Youth Symphony Orchestras** 

City of Boston, Mayor's Office of Arts, Tourism, and Special Events

City Stage Company

Community Art Center

Community Music Center of Boston

Conservatory Lab Charter School

Dorchester Community Center for the Visual Arts

**Express Yourself** 

From the Top

Hyde Square Task Force

Making Music Matters

The Max Warburg Courage Curriculum

OrigiNation

Raw Art Works

The Revolving Museum

The Theater Offensive

Troubadour: Literacy through Writing and Song

United South End Settlements

University of Massachusetts Lowell String Project

**Urban Improv** 

Young Audiences of Massachusetts

**ZUMIX** 

Boston Landmarks Orchestra (affiliated non-grantee)

# ART Works for Kids' Coalition Impact

- 81% of organizations serve a majority of low-income youth; all organizations have programming directed toward low-income youth.
- 2. About 40% of organizations work with targeted underserved populations, including incarcerated youth, kids with mental illness and special needs, victims of domestic violence, and English language learners.
- 3.80% of organizations are supported by the Massachusetts Cultural Council, the state's arts agency, attesting to the quality of the programs.
- 4.90% of graduating seniors from coalition programs enrolled in college in 2006.



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#### Resources

Americans for the Arts www.artsusa.org

Arts Learning

www.artslearning.org

Arts Education Partnership

www.aep-arts.org

Hunt Alternatives Fund

www.huntalternatives.org

Massachusetts Advocates for the Arts, Sciences and Humanities www.maash.org

Massachusetts Afterschool Partnership

www.massafterschool.org

Massachusetts Cultural Council

www.massculturalcouncil.org

National Assembly of State Arts Agencies

www.nasaa-arts.org

National Endowment for the Arts

www.nea.gov

"You [Raw Art Works] have become one of the biggest and most influential impacts in my life! You have given me a second home, lifelong friends, a job that I love, and people that care about me and accept me for who I am ... I thank you for creating my future."

-Doneeca, Raw Art Works graduate, attending Bucknell University on a full scholarship

#### **Endnotes**

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"One of our greatest assets in this country are the talented boys and girls who devote their early lives to music."

-President John F. Kennedy at a Boston Youth Symphony Orchestras concert at the White House, 1962